

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

The **Cyclesolihull** routes in this series of leaflets will take you along most of the network of quiet lanes in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road.

You can cycle the routes alone or with family and friends, or join other people on one of the regular **Community Cycle Rides**.

CycletoSolihull Day



A chance to join other cyclists in Solihull town centre for a cycling afternoon. Join one of the special rides or simply head to the town centre on your bike. For details of this year's event go to:

www.cycletosolihullday.org.uk

This is one of a series of cycle ride leaflets produced by **Cyclesolihull** which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free community rides, publicises routes and provides information about cycling.

Community Cycle Rides

Cyclesolihull offers regular opportunities to join with others to ride the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 30 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm throughout the summer* starting from one of a number of different starting points. "S" (short) routes are about 10 miles long, "M" (medium) routes about 15 miles long and "L" (long) routes about 20 miles long. On the second Sunday of the month* there is a 5 mile **Taster Ride**. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for new cyclists and children.

Saturday Stretcher Rides take place twice-monthly* on Saturdays, starting at 9.30 am from one of 6 different starting points. They are 25 to 35 miles long and do not follow a fixed route, so are suitable for more experienced cyclists.

Evening Explorer Rides are on a midweek evening from mid-May to early August starting at 7 pm from one of 12 different starting points. They follow the shorter "S" routes so are about 10 miles long.

Refreshment Stops All Cyclesolihull rides have an en-route refreshment stop of about 30 minutes at a family-friendly pub or tearoom.

For details of the current programme go to:

www.cyclesolihull.org.uk

or pick up a copy of the **Cyclesolihull Ride Programme** on one of the rides.

* There is a reduced programme rides from November to February with Sunday rides starting at 1.30 pm.



L1

long route from
Dorridge

CycleSolihull

Explore your borough by bike



21 miles via Little Shrewley,
Lowsonford & Copt Green

Have fun and get fit exploring your local area with this self-guided cycle ride.

Route L1 Dorridge to Little Shrewley and Lowsonford

Distance: 21 miles (125 to 160 mins)

Start: Dorridge Railway Station B93 8JA SP169749.

Parking: There is free parking for rail users at the station, on-street along Dorridge Road and behind the shops (entrance off Avenue road). Please note there are time limits Monday to Saturday daytime.

Route Summary: A pleasant ride along quiet lanes which passes **Baddesley Clinton** (National Trust).

Refreshments: In addition to facilities in Dorridge there are several pubs along the route.

The Route

A From outside the **Dorridge railway station**, go L down Station Approach, turning L at the end. After 0.5 miles turn L after the **Railway** pub down **Windmill Lane**. Turn first L down narrow **Mill Pool Lane**.

B At the crossroads go SO into **Chessetts Wood Rd** and follow the road for 1.5 miles. At the next crossroads turn L by the **Punch Bowl** towards **Baddesley Clinton**. Follow the road for a mile, passing the entrance to the **National Trust** property.

C Take the next turn R towards **Mousley End**. Follow this road for nearly three miles ignoring the side roads until reaching a crossroads. Go SO into **Stoney Lane** towards **Little Shrewley**. After 200 yards turn R into **Mill Lane** towards **Little Shrewley**.

D At the crossroads with the **B4439** go SO into **Station Rd** passing **Hatton railway station**. Cross the M40 and turn immediately R into **Pinley Rd**. Follow the road for 1.5 miles passing under the railway. At the crossroads turn R towards **Shrewley**.

E To visit the **Durham Ox pub** (200 yards) go SO over the motorway. Afterwards return to this point and turn R. Otherwise turn L before the M40. Bear R at the next junction, following signs to **Lowsonford**, eventually passing over the **Stratford Canal**.

F Follow the road towards **Lapworth**, passing the **Fleur-de-Lys** pub. After 1 mile turn first L towards **Henley**. Go SO at

