

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

The **Cyclesolihull** routes in this series of leaflets will take you along most of the network of quiet lanes in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road.

You can cycle the routes alone or with family and friends, or join other people on one of the regular **Community Cycle Rides**.

CycletoSolihull Day



A chance to join other cyclists in Solihull town centre for a cycling afternoon. Join one of the special rides or simply head to the town centre on your bike. For details of this year's event go to:

www.cycletosolihullday.org.uk

This is one of a series of cycle ride leaflets produced by **Cyclesolihull** which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free community rides, publicises routes and provides information about cycling.

Community Cycle Rides

Cyclesolihull offers regular opportunities to join with others to ride the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 30 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm throughout the summer* starting from one of a number of different starting points. "S" (short) routes are about 10 miles long, "M" (medium) routes about 15 miles long and "L" (long) routes about 20 miles long. On the second Sunday of the month* there is a 5 mile **Taster Ride**. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for new cyclists and children.

Saturday Stretcher Rides take place twice-monthly* on Saturdays, starting at 9.30 am from one of 6 different starting points. They are 20 to 35 miles long and do not follow a fixed route, so are suitable for more experienced cyclists.

Evening Explorer Rides are on a midweek evening from mid-May to early August starting at 7 pm from one of 12 different starting points. They follow the shorter "S" routes so are about 10 miles long.

Refreshment Stops All Cyclesolihull rides have an en-route refreshment stop of about 30 minutes at a family-friendly pub or tearoom.

For details of the current programme go to:

www.cyclesolihull.org.uk

or pick up a copy of the **Cyclesolihull Ride Programme** on one of the rides.

* There is a reduced programme rides from November to February with Sunday rides starting at 1.30 pm.



M2

medium route from
Knowle

CycleSolihull

Explore your borough by bike



**16 miles via Chadwick End,
Lowsonford & Packwood**

Have fun and get fit exploring your local area with this self-guided cycle ride.

Route M2 Knowle to Lawsonford & Packwood

Distance: 16 miles (95-120 mins). **Start:** Knowle Parish Church in the centre of the village B 93 0LN SP183767.

Route Summary: A route mainly on very quiet country lanes. There is a very short optional section along a canal towpath which avoids a difficult right turn on the A4141.

Refreshments: In addition to the facilities in Knowle, there are several pubs along the route.

Parking: Village car park behind the church (entrance at other end of High Street next to the Greswolde).

The Route

A From outside the church, turn L down **Kenilworth Rd** soon crossing the **Grand Union Canal** at Knowle Locks.

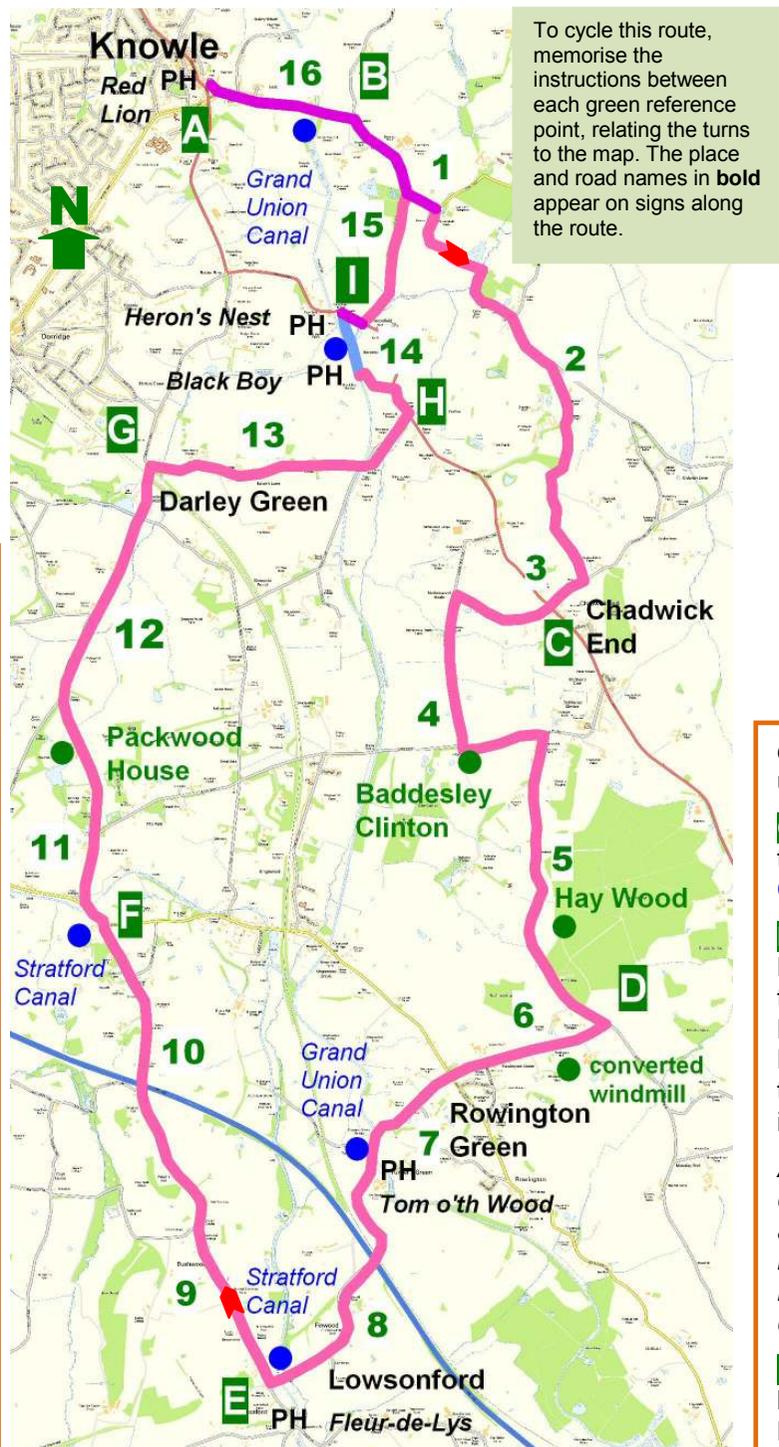
B Turn second R into **Cuttle Pool Lane** and follow this lane up the hill to the end. Turn R towards **Chadwick End** and bear R again at the next junction. Follow this winding narrow lane for a mile. At the end turn R, towards **Chadwick End**.

C At the **A4141 Warwick Road** go SO into **Netherwood Lane**. At the end turn L and at the end of this lane turn L again, opposite the entrance to **Baddesley Clinton (National Trust)**. Turn next R towards **Hay Wood**. Follow this quiet narrow lane for over a mile, passing **Hay Wood** picnic area.

D Turn next R towards **Rowington**. Look out for the **old windmill** (now a house) on the L. At the **B4439** go straight-on towards **Lawsonford**, passing the **Tom O' The Wood** pub. In the next mile you will pass over two canals, a railway and a motorway!

E At the end of the lane turn R in the village of Lawsonford towards **Lapworth** (go L for 200 yards for the village pub). Follow this road for 2 miles.

F At the **B4439** turn L and then first R towards **Packwood House (National Trust)**. Bearing L at the next junction, follow signs to **Packwood House** (and



Key to Map

- A B** Start and route reference point
- 1, 2** Mileage from start point
- Quiet road
- Busier road
- Cycle path
- Canal towpath
- Significant hill climb (in direction of travel)
- PH** Public House
- CF** Café or tearoom
- SH** Shop selling drinks, sweets etc
- Notable church
- Place of interest
- Water feature

Abbreviations used in the route description:
L left, R right, SO straight on.

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continue along this road for 1.5 miles until you pass under a railway.

G Turn immediately R into **Bakers Lane** and follow this road, eventually crossing the **Grand Union Canal** and reaching the **A4141**.

H Turn L along the main road for 100 yards and first L into **Black Boy** pub. Behind the pub go onto the towpath of the **Grand Union Canal** and turn R. Leave the canal at the next bridge (by the **Heron's Nest** pub – caution there are a few steps here) and turn R onto the main road for 200 yards (a footway is available if you prefer to walk this section).

*An alternative route avoiding the Black Boy pub and canal towpath is to continue along the main road and turn right into Watery Lane at **I**. The main road, which can be quite busy, also leads directly back to Knowle, passing a garden centre with a café.*

I Turn first L into **Watery Lane**. At the end of the lane turn L to retrace the outward route back to Knowle.