

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

The **Cyclesolihull** routes in this series of leaflets will take you along most of the network of quiet lanes in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road.

You can cycle the routes alone or with family and friends, or join other people on one of the regular **Community Cycle Rides**.

CycletoSolihull Day



A chance to join other cyclists in Solihull town centre for a cycling afternoon. Join one of the special rides or simply head to the town centre on your bike. For details of this year's event go to:

www.cycletosolihullday.org.uk

This is one of a series of cycle ride leaflets produced by **Cyclesolihull** which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free community rides, publicises routes and provides information about cycling.

Cyclesolihull offers regular opportunities to join with others to ride the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 25 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm throughout the summer (less frequently in winter) starting from one of a number of different starting points. "S" (short) routes are about 10 miles long, "M" (medium) routes about 15 miles long and "L" (long) routes about 20 miles long. On the second Sunday of the month in the summer there is a 5 or 6 mile **Taster Ride**. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for new cyclists and children.

Saturday Xtra rides take place monthly starting at 9.30 am from different starting points. They are similar to the Sunday rides but about 25 miles long and follow the "XL" routes.

Saturday Stretcher rides are also monthly starting at 9.30 am from different starting points. They are faster rides of about 35 miles long and do not follow a fixed route, so are suitable for more experienced cyclists.

Evening Explorer Rides are on a midweek evening from early May to late August starting at 7 pm and following the shorter "S" routes so are about 10 miles long.

Refreshment Stops All Cyclesolihull rides have an en-route refreshment stop of about 30 minutes at a family-friendly pub or tearoom.

For details of the current programme go to:

www.cyclesolihull.org.uk

or pick up a copy of the **Cyclesolihull** ride programme on one of the rides.



XL15 extra long route from
Coleshill

CycleSolihull

Explore your borough by bike



**26 miles via Middleton,
Kingsbury W. Park & Hurley**

Have fun and get fit exploring your local area with this self-guided cycle ride.

Route XL15

Coleshill to Middleton, Kingsbury W.P. & Hurley

Distance: 26 miles (130 to 195 mins)

Start: Parkridge Road car park in Coleshill town centre B46 3NT SP199891.

Route Summary: A hilly ride reaching the quiet countryside around to Middleton Hall and Kingsbury Water Park, returning via Hurley.

Refreshments: There are a number of pubs en-route, and cafes at Middleton Hall and the water park visitor centre.

Parking: There is free off-street parking at the start.

The Route

A From the car park go L and the R into **Park Rd.** At the end turn R then immediately L into **Colemeadow Rd.** Follow the road to the end and turn R. At the end turn L over the bridge and immediately R into **Station Rd.**

B Turn 4th L into **Temple Way** and at the end turn L into **Roman Way.** At the end turn L and immediately R. At the roundabout turn L and join the roadside cycle path. Follow this to reach the main road. At the traffic signals cross with care into **Watton Lane** and go under the motorway.

C Turn next L into **Gypsy Lane.** At the end turn R and first L into **Vicarage Lane.** Follow this to the end and turn R into **Plank Lane** and immediately L. Pass **The Digby** pub and turn L at the end and next R into **Marsh Lane**, passing the **railway station.** Turn next L to **Minworth**, soon crossing a very narrow bridge across the **River Tame.**







D At the roundabout go SO into **Water Orton Lane.** Go SO at the traffic signals, over the **Birmingham & Fazeley Canal** and immediately R into **Summer Lane.** At the end turn R and follow the lane for 1 mile. At the end go R into **Bulls Lane.** At the end by the **Cock Inn** turn L and immediately left again into **Grove Lane.** At the end turn L and next R into **Holly Lane.** Follow this lane, eventually passing over the M6 Toll.

E Cross the **A446** with care to the cut-through opposite and turn L into the lane. Follow this lane for a mile and turn first L into **Vicarage Hill.** Follow this lane, turning R at the **Green Man** into **Church Lane.** Continue SO through Middleton village to reach the

A4091. Cross with care into the grounds of **Middleton Hall.** Pass the car park for the **Courtyard Craft Centre** and turn R onto a wide track passing the **RSPB reserve.** Go SO for 1 mile (warning – a short section may be muddy in wet weather).

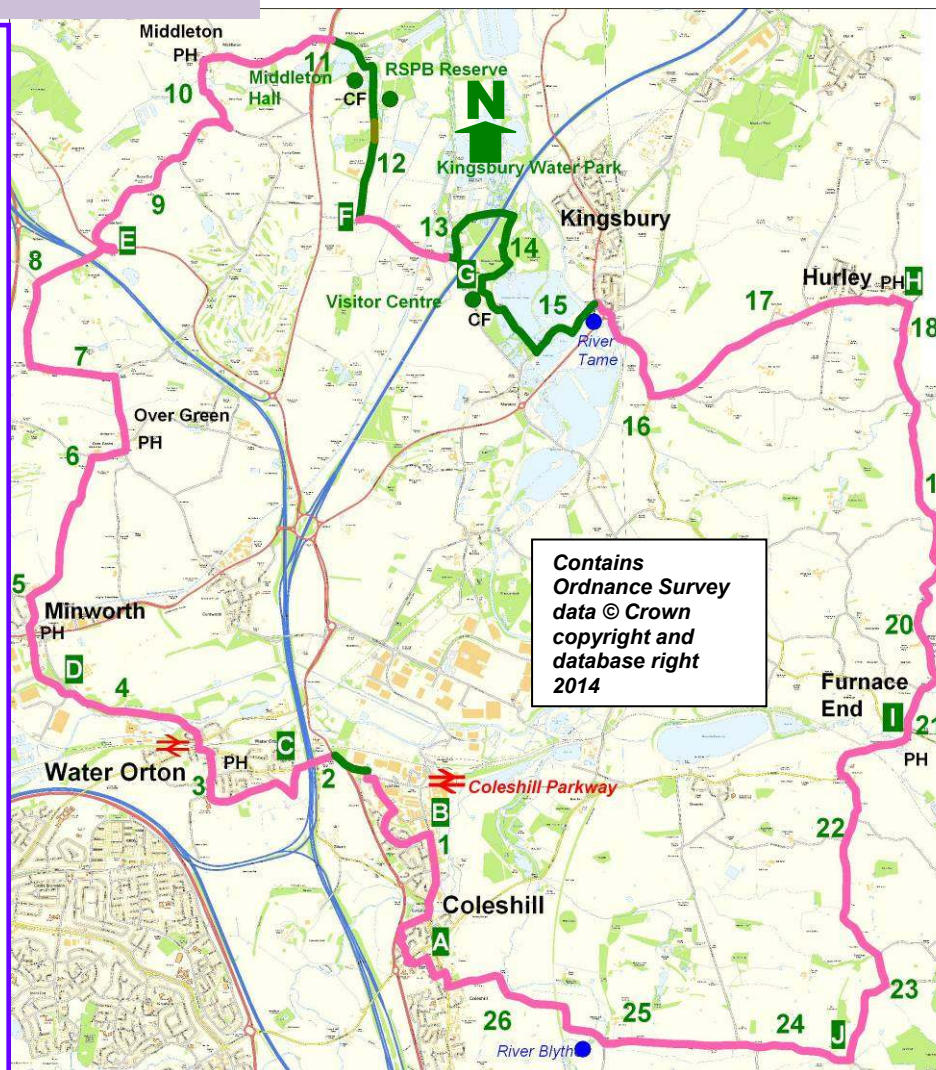
F At the end turn L. Pass over the **Birmingham & Fazeley Canal** and turn first L into **Kingsbury Water Park (Broomey Croft** entrance). Follow the access road to the end. Bypass the barrier and turn R onto a tarmac road which soon joins a wide path. Follow the main path towards **Far Leys** car park, going under the motorway. At the end

Key to Map

A B	Start and route reference point
1, 2	Mileage from start point
	Quiet road
	Busier road
	Cycle path
PH	Public House
CF	Café or tearoom
SH	Shop selling drinks, sweets etc
	Notable church
	Place of interest
	Significant hill climb (in direction of travel)

Abbreviations used in the route description:
L left, R right, SO straight on.

To cycle this route, memorise the instructions between each reference point, relating the turns to the map. The place and road names in **bold** appear on signs along the route.



turn R into the car park and R again on to a wide tarmac path. Follow this past the **narrow gauge railway**, crossing the track several times.

G At the end by the **Visitor Centre** turn L and follow the main tarmac path past the **Tamworth Sailing Club.** At the path junction turn L towards the **Jet Ski Club**, eventually reaching a bridge. Cross this and turn R at the main road. At the large roundabout go SO with care towards **Coventry (B4098).** Go under the railway and turn first L to **Hurley.** Follow the road for 1.5 miles through **Hurley** village.

H After the **Holly Bush** pub follow the road R and turn first R down a narrow lane. Follow the lane for 1.75 miles, turning 3rd R down an unsigned narrow lane. At the end turn R onto the **B4114** to **Furnace End.** At the crossroads go SO past the **Bull** pub, over the railway and turn next L into **Shawbury Lane.** After about 1.1 miles turn 2nd L into **Kinghill Lane.** At the end turn R and at the end of this lane turn R again into **Fillongley Rd.**

I Follow the road, crossing the **River Blythe**, back into Coleshill. At the end turn R and first L into **Summer Rd.** At the end turn R into **Parkfield Rd.** At the bend go SO to return to the car park.